Doctor V Chiropractic Center, Inc.

Aaron's Plaza
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Lifestyle-Based® Re-Evaluation Questionnaire

Please complete this form as accurately as possible. Your answers will help us determine how to better serve you.

Name (Please Print):_____

1. What is your primary health goal at this time? _____
2. Rate your diet at this time: ◯ Poor ◯ Good ◯ Excellent
3. Rate your rest at this time: ◯ Poor ◯ Good ◯ Excellent
4. Rate your exercise regularity at this time: ◯ Poor ◯ Good ◯ Excellent
5. Please rate your level of stress: (LOW) ◯1 ◯2 ◯3 ◯4 ◯5 ◯6 ◯7 ◯8 ◯9 ◯10 (HIGH)
6. What changes in health and/or performance have you noticed since beginning chiropractic care in this office? In what way do you feel chiropractic care has enhanced your health and/or life?

   _____

   _____
7. From the list below, what is <u>most</u> important to you at this time? (Check all that apply)

☐ Better Sleep	☐ More Energy	☐ Better Concentration/Focus	☐ Better health
☐ Enjoying the kids more	☐ Heal injury or illness	☐ A More Enjoyable Retirement	☐ Handle stress better
☐ Fight Illness & Disease	☐ Better Nutrient Absorption	☐ Better Moods	☐ Enjoy Sports & Activities/Exercise
☐ Looking & Feeling Younger	☐ Improved Confidence	☐ A Strong Immune System	☐ Better Memory

8. Have you followed the recommendations offered to you? ◯ YES ◯ NO
9. Have you referred anyone to the office? ◯ YES ◯ NO
10. Are you improving your diet and exercise habits? ◯ YES ◯ NO
11. Are you participating in one of our Live Healthier Memberships? ◯ YES ◯ NO
12. Have you considered a whole foods plant-based diet? ◯ YES ◯ NO
13. What is your overall satisfaction with the service you're receiving at Doctor V Chiropractic Center, Inc.?

(Not Satisfied) ◯1 ◯2 ◯3 ◯4 ◯5 ◯6 ◯7 ◯8 ◯9 ◯10 (Very Satisfied)

14. How can we improve our service and/or the office to better serve you? (We're counting on you to be 100% open and honest with us.)

_____
_____
_____
_____
_____

Please Sign/Type Your Name Here:_____

Date:_____

Instructions: As an option, you can email this completed form to drv@LiveHealthierForLife.com or bring it with you to your next visit.

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